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<p>Calendar</p>	<p>KAT in Wall Street Journal KAT was featured in the <i>Wall Street Journal</i> on May 17th in an article about older students training martial arts. See the article</p>
<p>July 23: Beginners Test</p> <p>July 26-30: Summer Camp 2</p>	<p>Competition Team Wins Medals at Nationals</p> <p>The KAT competition team won 9 medals (7 sparring, 2 forms) at the US National Taekwondo Championships. It was the most sparring medals won by any school in Colorado. If you missed the full results in the <i>Denver Post</i>, you can see them at: http://denver.yourhub.com/Aurora/Stories/Sports/Recreational/Story~833213.aspx</p>
<p>July 31: Outlaws demo @invesco field. /Grandmaster Chung visit.</p>	<p>Another Successful Mountain Training</p> <p>Congrats to everyone who made it to the top of Torres Peak last weekend. For more details and a picture, see the blog at www.kattaekwondo.com/blog</p>
<p>August 7th: Colorado Team Trials.</p> <p>August 21st: Summer Festival</p>	<p>Summer Camp</p> <p>Don't forget the last KAT summer camp of the year will start July 26th! This time, camp will finish at 3:30 to allow time for Little Tigers Class.</p>
<p>August 28th: Corn Roast Festival and Parade</p>	<p>Pictures</p> <p>Pictures will be September 22-23. This year, look for higher quality, less price, and faster turnarounds! Plus, this year we will also use the pictures taken to create a KAT yearbook due out by</p>

<p>(Loveland)</p>	<p>the middle of October.</p>
<p>September 11th: 119th Promotion Test.</p>	<div style="display: flex; align-items: center;">  <div> <p>KAT Wins Runner Up from <i>Parenthood Magazine</i></p> <p>KAT has won ‘Runner Up’ for Best Martial Arts School in Colorado from <i>Parenthood Magazine</i>. Thanks to everyone who voted!</p> </div> </div>
<p>September 22-23: Pictures</p> <p>September 25th: Lone Wolf Classic.</p> <p><i>Whether you think you can or you think you can't, you're probably right!</i></p>	<p>Denver Outlaws Demo @ Invesco Field</p> <div style="display: flex; align-items: center;">  <div> <p>KAT will be performing a demonstration for the Denver Outlaws pro lacrosse team on July 31st as part of their martial arts night. We'll be on Invesco Field and students can also give high fives to the players as they are introduced. Get your \$8 tickets today!</p> </div> </div> <p style="text-align: center;">Grandmaster Chung Visit</p> <p>Unfortunately, Grandmaster Chung will not be able to come this month. However, we are looking forward to him coming sometime in the future.</p>
<p><i>Dream Big. Work Hard. Believe Always Succeed Well.</i></p>	<p>Lone Wolf Classic</p> <p>KAT Loveland will be hosting the 1st Lone Wolf Classic on September 25th, 2010. This tournament will be similar to the White Tiger Championships, which we were not able to host this year due to Collegiate Nationals. See www.kattaekwondo.com/lonewolf.htm for more info. (soon)</p>
	<p style="text-align: center;">2nd Annual Summer Festival- DATE CHANGE</p> <p>The Summer Festival is set for Aug 21st, 2010! Come be a part of paintfoot sparring, sword sparring, mascot battles, longest and highest kicks, and more! Proceeds benefit the TKD sports Association. See last year's highlights: http://www.youtube.com/watch?v=8oJJ494CY8g</p>
	<p style="text-align: center;">Featured Student</p> <p>Andy Tran is the featured student for June. Be sure to give him a big “chook ha hahm nida” when you see him!</p>

Trust

Trust means relying on someone else to do something, and it has two key parts. The first is the willingness of the other party, and the second is the ability of the other party. For instance, if you were with your friends and your martial arts instructor and someone tried to hurt you, you might trust your instructor to defend you more than you would trust your friends to. This doesn't mean that your friends wouldn't **try** to protect you, but they don't have the same skills and experience as your instructor.

Trust doesn't always imply that the person you are trusting is good. Thieves and criminals will often trust each other, or often trust each other as long as they have their objectives all lined up. Be careful of trusting people like that.

Trust goes both ways. You should be very serious about the people who trust you, and be careful not to let them down. Once trust has been broken, it is one of the most difficult things to get back again.

"In God we trust, everyone else we monitor."
Field Manual of US National Security Agency.

To Do: Make a list of some the people you trust most